



# BELLEVUE HEIGHTS PRIMARY SCHOOL

7 – 19 Vaucluse Crescent, Bellevue Heights SA  
5050

Telephone 8278 7182, Fax 8370 2671

Email: [bellevue.ps891@schools.sa.edu.au](mailto:bellevue.ps891@schools.sa.edu.au)

## Newsletter Date

Term 1 Week 10 2024

PRINCIPAL: Margot Bradley

DEPUTY PRINCIPAL: Kirsty Whibley

### Dear fabulous families,

Last Thursday morning really summed up what we are as a school. The Golden Egg hunt was not only a great prize, but such a shining example of our community spirit. It was so good to see everyone at school with their children, I am just sorry that I only had time to talk to some of you.

### How did we win the prize?

Erika Petrovic came to school the previous week and mentioned that there was a competition for schools to enter to win an Easter Egg Hunt. Without Erika, this would not have happened. Kirsty Whibley then spent time with Erika to enter the competition and by Thursday we had heard that we were finalists. Then we had work to do. We had to collect some additional stories about why our school deserved to win, book in a site visit to ensure that we had the space to host and check all was viable with the department. Come Monday our site was assessed and Kirsty was called to make a prerecorded phonecall. Of course once that phonecall was made we knew we had won. We then had the rapid task of calling an emergency assembly, telling all the children and printing 180 copies of that huge permission form. (The photocopier just survived!)

Thank you for returning the forms so quickly! (Now we know that you can, we will be expecting it everytime!!) 90% of the forms were returned on Wednesday morning! That afternoon the shipping container arrived and then you know the rest.

Congratulations to the Polzer's who were the lucky recipients of the holiday prize in the Golden Egg. I hope that you all had a wonderful Easter break and didn't eat too much chocolate!

### Sports Day

We have one more week of school and the teachers are gearing up for Sports Day on the last day. I'd like to thank the Parents and Friends who have used some of the funds raised this year to pay for equipment from Life Be In It. We will use this equipment for our tabloid events on Sports Day. Look out for the Earth ball and the gators. It will be a lot of fun.

### Bell Times

8.40am Students can arrive

9:00am School starts

10:55am Recess starts

11:25am Recess ends

1:05pm Eat lunch in class

1:15pm Play time starts

1:50pm Lunch ends

3:30pm School ends

Students need to be collected by 3:50pm



## IMPORTANT DATES

### Term 1 2024

#### Sunday April 7th

Daylight savings ends

#### Friday April 12th

Last day of term

Sports Day

Pizza Lunch

2:30pm dismissal

### Term 2 2024

#### Monday April 29th

Pupil Free Day

#### Tuesday April 30th

First Day of Term 2

#### Tuesday May 14th

Cross Country District

#### Friday May 17th

Walk to School Day

#### Monday June 10th

Queens Birthday Holiday

#### Friday June 14th, 21st, 28th

Mid Year Reception Transition

#### Wednesday July 3rd

Reports go home

#### Friday July 5th

Last day of term

Casual Day

Pizza Lunch

2.10pm Farewell Assembly

2.30pm dismissal

### Upcoming School Tours

**Wednesday May 15th 9.15am**

**Friday June 7th 9.15am**

Ring the office to book

**Working Bee** Save the date - Sunday May 5th from 9-12noon - we will have our first Working Bee for the year. Thank you to Kevin and Andrew who are our facilities committee this year for organising this. We will send an email out early next week to ask for your help. We have mulch to move, Green waste to cut up and move to skips, decks to clean and sandpits to spruce up.

We will offer a shared lunch after the working bee in the staff room, which is always a great way to share some time with other families.

Thank you to everyone for a fantastic term 1. If I don't see you, have a wonderful safe time over the break. Remember school restarts on Tuesday April 30th.

Warm regards, Margot



### New Smoking and Vaping Guidelines

From **1 March 2024**, new laws will ban smoking and vaping in a variety of public outdoor areas in South Australia. [Regulations under the South Australian Tobacco and E-Cigarette Products Act 1997](#) are being introduced to address risks associated with passive tobacco smoking and passive inhalation of e-cigarette aerosol. This will occur through the creation of smoke-free and vape-free areas in the following areas:

- **at early childhood services premises, and education and children's services facilities (including schools), and within ten (10) metres of their boundaries**
  - at and within ten (10) metres of non-residential building entrances, such as entrances to shopping centres, government and commercial buildings
  - at public hospitals and health facilities, private hospitals and residential aged care facilities, and within ten (10) metres of their boundaries (note: the regulation for residential aged care facilities will come into operation 12 months after the day on which the other regulations are made)
  - within outdoor public swimming facilities
  - at major events venues declared under the *Major Events Act 2013*
  - **at and within ten (10) metres of a sporting venue during an organised underage sporting event, training or practice session**
- on beaches between and within fifty (50) metres of red and yellow patrol flags, and under (and within five (5) metres of) jetties.



April is autism awareness month, when we dedicate a month to celebrating neurodiversity.

Autism affects the way a person sees, experiences and understands the world.

Autism is a neurological developmental difference that affects the way an individual relates to an environment and

people in it.

The effects differ from individual to individual, which is why the term 'spectrum' is used. It reflects the fact that everyone's lived experience of autism is different.

Individuals on the spectrum may have skills in particular areas, while finding other aspects of life particularly challenging. How skills develop across a life span varies as much as autism itself and can vary significantly from person to person.

## SCHOOL AWARDS

The school award system recognises and rewards positive social and academic achievement.

There are three levels:

*School Awards & Principal Awards*

*Awards for Excellence (10 School &/or Principal Awards)*

*School Medal (10 Awards for Excellence)*

## Awards for Excellence

### Recipients

The following students have earned an Award for Excellence certificate:

Mahalia, Softy, Joey, Ella, Landon, Sammy, Mahbir x2, Nypung, Jasper, Mason, Dom and Kasey, Edward

# The Golden Egg Hunt - Thanks SAFM



# The Golden Egg Hunt - Thanks SAFM



# SAPSASA Athletics Day

On Thursday, March 28th, 23 students represented Bellevue Heights Primary School at the District Athletics Carnival held at Mile End Stadium. The students competed across a number of events for each age group, with several earning ribbons for finishing in the top 4 for their district. Honorable mention goes to the following students for their achievement in winning ribbons: Isaac M, Serly, Charlie M, Alison and Kaye. Finlay and Lincoln R also deserve special mention for their efforts in assisting with the boys shot put event. A big thank you to the parents who helped out as well.

It was very clear to the adults helping out on the day that the students greatly enjoyed themselves despite the heat and long waits before, between or after their events. They conducted themselves well and should all be very proud.

Mr Nicholson



On the 28th of March a group of students went to SAPSASA to compete in a variety of sports. Students chose what events they wanted to compete in, like discus, shot put, long jump, high jump and running. Once everyone got to the stadium, we had to wait a bit for each event to happen. Some students got a ribbon. When everyone was done, we took a picture. Then we returned to school and the bell went!

Serly



At SAPSASA athletics, the first event was the girls 10-year-old discus. The event was on for a long time, but Charlie came in 3rd! The second event was the girls 10-year-old long jump, which took about 30 minutes. Alison came in 4th. You still get a ribbon if you come in fourth place! The day went by very quickly along with the events. The running events were pretty rough, but the people competing in them pushed through. Soon shot put and the older girls' discus came around and Serly and Kaye did pretty well. There are lots of types of running events: 100 m, 200 m, 800 m and more. Overall, everything went well and everyone did well and we had 5 people win ribbons!

Alison and Brook





**South Australian Association of Parent Communities is**

- a state-wide association of clubs, committees and groups of parents interested in students and their preschools and schools:
- a forum for parents to exchange ideas and raise concerns
- representative of, and committed to, parents of students in both metropolitan and country preschools and schools
- run entirely by volunteers
- a non-sectarian and non-party political organisation
- a pressure group at national, state and area levels of education

*This magazine has recently come to my attention and looks like it has a great variety of local information about parenting and schooling.*

Parents Say February is now online

The online magazine link is <https://bit.ly/4ci5pvO>

The website link is: [www.saaspc.org.au](http://www.saaspc.org.au)

## THE RESILIENCE PROJECT™

The Resilience Project is committed to teaching positive mental health strategies to prevent ill health and build young people's capacity to deal with adversity.

Teachers and students engage in weekly lessons and activities around the key principles of Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy to build resilience. Gratitude is paying attention to the things that we have right now, and not worrying about what we don't have. We practise this by noticing the positives that exist around us.

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking and increase physical health through improved sleep and attitude to exercise.

**View Part 2 of the series here**

<https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/>

There are many ways you can practise gratitude at home, including starting a journal or simply pointing out what went well in your day.

## Other Important News

Starting in term two, Peter McPheat, one of the school's instrumental music teachers, is going to be starting the "Bellevue Heights Primary School Band". This will be open to anyone who is currently learning a musical instrument or sings (or would like to sing!).

Once up and running, the band will perform at school events (assemblies, end of year concert, etc) as well as instrumental music concerts throughout the year.

The band will practice each week on Wednesdays, most likely during recess or lunchtime.

If your child would like to be part of the school band, please contact Peter McPheat at [petermcpheat@gmail.com](mailto:petermcpheat@gmail.com) or on 0423 194 916.

Further details early next term.

### DID YOU KNOW?



According state's Dog and Cat Management Act it is illegal to have your dog or cat on a school site without permission.

In the past we have had a few families walk their dog to school with them. This has not been the problem.

Unfortunately our wider community are not following this advice - or just don't know it - and are often seen walking their dogs across our ground, off leash, out of hours. This is not at all desirable as you can imagine.

We think the best way to avoid this is to limit it. We will be looking at how we can manage this with signage in the near future. Can we ask that we no longer bring dogs onto school grounds unless you have direct permission for a reason such as show and tell or similar.

### WHAT: National Walk Safely to School Day

WHEN: Friday 10th May 2024

WHERE: In all primary schools across Australia

WHY: This national initiative aims to encourage children to lead a healthier, more active lifestyle by simply including a walk at the beginning, at lunchtime and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia.

HOW: Encourage children to build regular walking in their daily routine by walking to, during, and from school

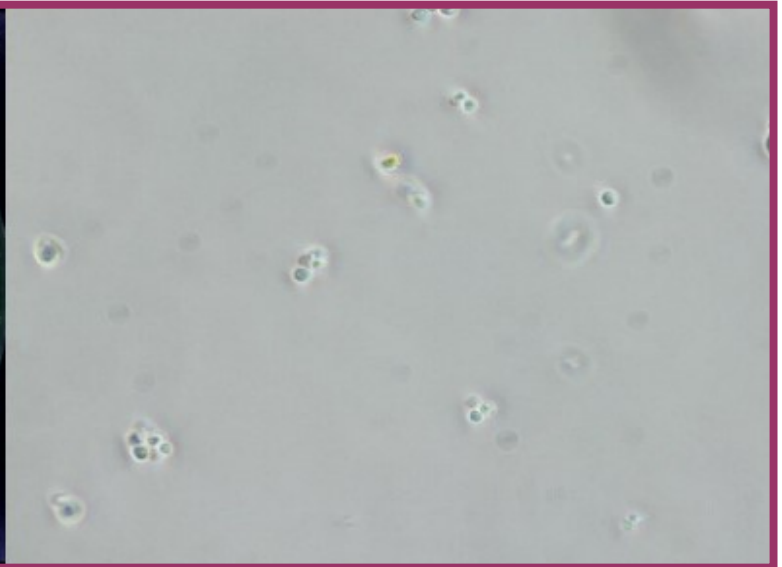


AT BELLEVUE HEIGHTS: We will provide platters of fresh fruit for children who walk to school on this day. You can even park a few extra streets away and walk.

# Citizen Science

In August 2023, students from years 3, 4, 5 and 6 collected a total of 100 samples from around Bellevue Heights Primary School as part of a citizen science project researching wild yeast around Australia. Yeast were isolated from 24 samples. The results arrived this week: at least 15 different species, spread across 12 genera were observed, with one "Unassigned" group of isolates, which could represent a new species of yeast.

Information: This was a mixed sample containing three different species. No direct DNA matches were obtained for the Unassigned isolate which may represent a novel yeast species or a species for which no DNA sequence data exists.



The samples that were analysed were collected by the following students and teachers:

Sample 1: sour sob flower collected by Ayleen and Edward  
Sample 10: spider web collected by Amelie, Eliza and Phoury  
Sample 30: spider web collected by Evie-Mae and Lucky  
Sample 31: moss collected by Kasey and Brook  
Sample 40: bark collected by Mr Nicholson  
Sample 41: straw collected by Rayyan and Peter  
Sample 42: paper bark collected by Jack, Jasper and Sammy  
Sample 56: flower collected by Alex  
Sample 63: bracket fungi collected by Oscar  
Sample 64: orange bracket fungi collected by Tristan  
Sample 65: flower parts collected by Karla  
Sample 67: lavender collected by Olive

Sample 69: rock collected by Hudson  
Sample 71: she-oak cone collected by Luke  
Sample 72: fluffy seeds collected by Amita  
Sample 73: leaf collected by Inés  
Sample 78: dead lavender collected by Deborah  
Sample 80: stick collected by Chase  
Sample 83: seed pod off ground collected by Mr Mallee  
Sample 86: old seed pod collected by Mr Mallee  
Sample 94: acacia flowers collected by Mr Nicholson  
Sample 96: old leaf from volleyball shed gutter collected by Mr Nicholson  
Sample 99: snail shell collected by Liam and Danny  
Sample 100: slime/water gunk collected by Nika and Avery

For further information about the yeast species that were observed, or to have a look at pictures of the isolated species, please contact Mr Nicholson: [eric.nicholson591@schools.sa.edu.au](mailto:eric.nicholson591@schools.sa.edu.au)



# Governing Council Staff Report

<p>JP R-2</p>	<p><b>Erika</b> - In room 20 - R/1 students are exploring elements of narrative genre and creating story maps. Receptions and Year 1 students work together jointly constructing their imaginative stories using multimodal elements. We are enjoying playing Maths games with our new manipulatives.</p> <p><b>Catherine</b> - In room 22 - R/1, we have been exploring the features and structure of narratives (imaginative stories) and are learning to use different planners to record, create and structure ideas for our own stories. We have enjoyed orally retelling stories and creating our own unique characters.</p> <p><b>Jade/Deb</b> - In room 16 - 1/2, students have been learning about place value of 2 and 3 digits numbers to strengthen number sense. Literacy activities have included weekly recounts and daily Jolly phonics and grammar activities. In Geography we've been learning about the seasons and connections to local places.</p>
<p>MP 2/3-4</p>	<p><b>Steve</b>- In room 21, year 2/3,- Science we have been looking at "Living Things", discovering what all living things need and what they do. We will be comparing various life cycles. In maths we have been sharing what we remember with number, the four different processes and how they are connected, to improve our number fluency.</p> <p><b>Julie/Jess</b> - In room 19, year 4 students have been looking at humour in poetry and the structure of poems. In Math, we have been learning about place value with big numbers between a thousand and a million and addition and subtraction strategies. In science we are looking at the inter connection between all living things and the food chain.</p>
<p>UP 5-6</p>	<p><b>Kim</b> - In room 17, year 5/6, Maths: students have been applying their mathematical thinking of distributive properties and algebra to design and divide garden beds to plant a range of fruits and vegetables. In HASS: students are deepening their understandings of democracy and have begun planning their classroom political parties. Students are discussing their parties beliefs, what is important to them and what their party stands for. Let the campaigning begin!</p> <p><b>Laura /Yvette</b>- In room 14, year 5/6, HASS- What is democracy? Civics and Citizenship and the levels of government. Science- What are the best conditions for growing mould? Conducting a mould experiment. Cheese tasting and learning about good and bad mould. Visual Arts- optical illusion art and continuous line portrait.</p>
<p>Student Leaders</p>	<p>All Leaders are gearing up for sports day and are choreographing the health hustle.</p> <p><b>SRC</b> - SRC students have been focusing on the motto, 'It's normal to leave things for others to solve, but leaders step forward and want to be involved' and are developing ways to teach others how they can step up and be leaders.</p> <p><b>Sustainability Committee</b> - We have conducted a surprise check on everyone's bins and found that room 19 have the best bin use so far - They receive an award and the Bellevue Bear until the next surprise audit!</p> <p><b>Wellbeing Committee</b> - Looking for a place to put our friendship bench that was donated from Bunnings. Looking at opening the library once per week for children who need a quieter area.</p> <p><b>Park Rangers</b> - Assessing the needs of the park and planning for the coming year - new plants will be ordered soon.</p>
<p>Specialist areas</p>	<p><b>Yvette</b> - French - Years 5/6 - Writing a weather report. Year 4- Creating a comic about being at the doctor. Years 2/3- Writing a storybook about a sick character. Years 1/2- Greetings, numbers and body parts. Rec/Year 1- Greetings, Colours, numbers and Easter in France.</p>
	<p><b>Eric</b> - In science, all junior primary classes have been progressing with their unit on movement; making predictions and testing their hypotheses about rolling and bouncing. We're steadily building a culture of thinking with each class. Students are learning to be curious, ask questions and support their claims with evidence that they've discovered from their investigations.</p>
	<p><b>Caroline</b>- In Performing Arts, students in year 5/6 are beginning a media arts/music/drama unit on GarageBand and podcasting. The year 2/3 and 4 classes are beginning a media/drama unit using green screen and animation.</p>

# Parent Information

Saver Plus supports people to develop life-long savings habits. It's been running for over 20 years and more than 58,000 Australians have participated. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.



To be eligible for Saver Plus, people need to meet these requirements:

- Be 18 years or older
- Have a current Health Care or Pensioner Concession Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- Agree to join in free online financial education workshops

[saverplus.org.au](http://saverplus.org.au)



## LIVE ONLINE WORKSHOPS

BOTH OUR **EDUCATOR & PARENT** WORKSHOPS WILL BE RUN **LIVE ONLINE** IN TERMS 2, 3 & 4

**JOIN FROM ANYWHERE IN AUSTRALIA!**

### TERM 2 DATES

**Educator workshop:** Wednesday 22nd Thursday 23rd & Friday 24th May 9am - 10.45am

**Parent workshop:** Thursday 6th & 13th June 7-8.30pm

Secure your spot via our website [www.happyhealthykids.net.au](http://www.happyhealthykids.net.au)

*Please visit our website to ensure this workshop is right for you*

**100% of participants would recommend our workshop to other parents and educators!**



**Soccer** **MORE**  
**Holiday Clinic** **APRIL 15-18**  
9:30am - 12:00pm  
**Register now!**  
(For ages 4 - 13 years old)  
**North Adelaide**  
33 Kingston Terrace East, North Adelaide SA  
[www.morethansport.com.au](http://www.morethansport.com.au)

**Tennis** **MORE**  
**Holiday Clinic** **APRIL 15-18**  
9:30am - 12:00pm  
**Register now!**  
(For ages 4 - 13 years old)  
**North Adelaide**  
33 Kingston Terrace East, North Adelaide SA  
[www.morethansport.com.au](http://www.morethansport.com.au)



## LEARN CHINESE IN 2024!

Places now available for Years R-6 students from all schooling sectors

**WHERE:** BELAIR PRIMARY SCHOOL  
45-83 Main Road, Adelaide SA 5052  
**WHEN:** Tuesdays, 3:30pm - 5:00pm

- The School of Languages is a Government school offering out-of-school hours language learning.
- Courses follow the Australian Curriculum and are aimed at second language learners.
- Weekly Teaching and Learning Plan, with lesson content and homework tasks.
- End of Term reports sent home and to the day school.
- Annual Subject Charge: \$150.

## ENROL NOW!

Enrolment forms available from the School of Languages website:  
[www.schooloflanguages.sa.edu.au](http://www.schooloflanguages.sa.edu.au) OR Phone: 8301 4800

FOLLOW US NOW ON



# High School Information



## SPECIAL INTEREST PROGRAMS

Applications are now open for year 7 students commencing in 2025 for our Entrepreneurial Specialist Learning Pathway and Special Interest Volleyball Program

More information can be found on our website [www.hhs.sa.edu.au/specialinterest](http://www.hhs.sa.edu.au/specialinterest)



INSPIRING EXCELLENCE AND TRANSFORMING LIVES



 MITCHAM GIRLS  
HIGH SCHOOL

# TWILIGHT TOUR

WED 3 APRIL  
4:30PM - 6:30PM

Experience the unique opportunities at Mitcham Girls High School with Principal Rosie Heinicke and a BBQ!  
To register, visit [mitchamgirlshs.sa.edu.au](http://mitchamgirlshs.sa.edu.au)



Springbank  
Secondary  
College

## *THE CHANGING FACE OF EDUCATION AT SPRINGBANK SECONDARY COLLEGE*

### OPEN COMMUNITY EVENT

FOR ALL CURRENT AND FUTURE FAMILIES

Hear about the innovative approaches used from 2025 to improve educational outcomes for young people. Our holistic, research informed strategy will build academic outcomes, a greater sense of belonging, and more successful post school pathways fit for our cohort.



**APRIL 11**  
**6PM - 7PM**

SCAN THE QR CODE FOR BOOKINGS

# External Activities

## APRIL 2024 SCHOOL HOLIDAY CLINICS

OUR HOLIDAY VOLLEYBALL CLINICS ARE A GREAT WAY TO STAY ACTIVE DURING THE BREAK, WHILST TRYING SOMETHING NEW OR PRACTICING YOUR SKILLS FOR UPCOMING COMPETITIONS!

### INDIVIDUAL CLINICS

ATTEND AS MANY CLINICS AS YOU LIKE

ALL SKILLS COVERED AT EACH SESSION

HELD ACROSS SA, INCLUDING: BRIGHTON, HENLEY, MT LOFTY & THE LIGHTS

**\$50 / ATHLETE**  
(PER 3HR SESSION)

### NEW 3-DAY PROGRAM

3 CONSECUTIVE DAYS OF VOLLEYBALL

EACH DAY FOCUSES ON NEW SKILLS

HELD AT PURRUNA SPENCER  
NEWTON CENTRE

**\$50 / ATHLETE**  
(SINGLE SESSION)  
**\$135 / ATHLETE**  
(ALL 3 SESSIONS)



SCAN TO SIGN UP



## MOUNTAIN BIKING

Head for the Hills offers a range of programs & activities which support junior skill development in the sport of mountain biking.



### HOLIDAY MTB SKILLS CLINICS

BEGINNER, INTERMEDIATE & GIRLS SESSIONS

- SHEPHERDS HILL
- COBBLER CREEK
- MT BARKER
- O'HALLORAN HILL

AGES  
10-14



### AFTER SCHOOL SKILLS

WINTER PROGRAM - 16 WEEKLY SESSIONS THROUGH TERM 2 & 3 (TUES, WED OR THURS AFTERNOON)

- CRAIGBURN FARM
- COBBLER CREEK
- O'HALLORAN HILL

AGES  
8-15



### ADELAIDE DIRT LEAGUE

THE PERFECT MIX OF COACHING & COMPETITION WEEKLY SESSIONS THROUGHOUT TERMS 2 & 3 (SATURDAY MORNING) - DIFFERENT LOCATION EACH WEEK



Scan for more info or to BOOK!

### Contact Us

- headforthehills.net.au
- 0422 700 056
- info@headforthehills.net.au

MITCHELL PARK FOOTBALL CLUB MITCHELL PARK FOOTBALL CLUB

# WOMENS, MENS & JUNIOR FOOTBALL PLAYERS

MORELAND AVE  
MITCHELL PARK

COME AND JOIN US  
AT  
MITCHELL PARK

ALL AGES AND SKILL LEVEL

FOR MORE INFO CONTACT  
LIONS@MITCHELLPARKFC.COM

